# FallsTalk™ Hybrid Training series

*** By special arrangement only- Contact us at: Info@FallScape.org ***

A Hybrid training series begins with **in-person training** arranged with the sponsor at a convenient location. This intensive **one and a half day** training may include an additional screening training session for the sponsor organizations' program support personnel; and upon request, an information session for local community partner organizations.

Once assignments from the in-person training are completed, from **two to four Webinar sessions** are scheduled to meet the specific needs of the trainees. Each session is scheduled for 45 - 75 minutes. Webinar training is paced by the Master Instructor, based on each group's progress.

** Training group size is limited to five participants (+ 1 Local Administrator), for each Master Instructor (maximum two Master Instructors).**



**FallsTalk Requires:** Regular access to a MS Windows computer (at least *Windows 10*, a laptop is useful), ***NOT* a Mac, Chromebook or tablet** and telephone. **Webinars Require**: Participants training at home must have a separate device (≥12" tablet/lap or desk-top) to view the Webinar sessions. The MS Windows-based computer with FallsTalk installed must also be used during training and practice.

**Facilitator Trainee Requirements:** There are no specific training or educational pre-requisites, the FallsTalk software uses Quality Assurance algorithms that guide the facilitator. Potential facilitator trainees must be comfortable working with older adults and have good computer and telephone skills.





An **example curriculum** is shown on the next page, however each **Hybrid training** schedule is determined specifically to meet the needs of the sponsor organization.

# AN EXAMPLE HYBRID TRAINING CURRICULUM

## PRIOR TO TRAINING (as-needed or requested meetings)

12:30-1:30 Meet & Greet for local community partner organizations

(2:00-? ) Work with IT- *if needed* to insure Trainee computers are ready

3:30-5 pm Pre-screening workshop for sponsor organizations' program support personnel

## SCREENING WORKSHOP

8:00 – 8:15 am Welcome, Introductions, Coffee

8:15 – 8:45 Screening theory: Purpose, Process and Logistics

8:45– 9:45 Sign in to computers, Hands-on Screening Training, Case Studies, Screening Reports

*9:45– 10:00 [BREAK] Prepare FallsTalk Trainees' computers for Interview training*

## FALLSTALK INTERVIEW TRAINING

10:00 – 10:15 am Implementation considerations for Pre-Screening referrals

10:15 – 11:15 Introducing the FallsTalk Interview: Purpose, Priorities and Standard Process

11:15 – 11:45 Interview Case Studies A: Hands-on practice and Group Role-play

11:45 – 12:45 pm [*LUNCH]*

## COMPUTER GUIDED FALLSTALK INTERVIEW TECHNIQUES

12:45– 1:15 pm Interview Case Studies B: Hands-on practice and Group Role-play

1:15– 1:30 Client Centered Interview techniques/ Motivational Interview style

1:30– 2:30 FallsTalk Interview: Individual Role-play, hands-on practice.

2:30– 2:45 [*BREAK] Prepare FallsTalk Trainees' computers for Beh Int training*

2:45– 3:15 Charting your Client's Road Map: Planning the Behavioral Intervention

3:15– 3:30 Assignment & Wrap Up (FallsTalk Trainees leave)

3:30- 5:00 Meetings if not held the previous day

## FALLSTALK BEHAVIORAL INTERVENTION

9:00 – 9:45 am Daily Log Training: Methodology, Operational and Scheduling considerations

9:45 – 10:30 Daily Log Practice and Scheduling: Role-play and Hands-on practice

10:30 – 10:45 *[BREAK]*

10:45 – 11:15 Daily Log: Pearls and strategies; Creating the Road Map

11:15 – 11:30 Motivational Interviewing- the Road Map and the Weekly Check-in Call

11:30– 11:45 Understanding Check-in Calls; Role-play and Hands-on practice

11:45 – 12:00 pm Assignment, **Webinar scheduling** and Wrap-up

* Webinar schedule and number of sessions determined by cohort progress during in-person training *